

Simtrak™ News

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TECH TALK

Working At Home Grows, Due To Technology

The *Financial Times* highlighted in a recent issue the pronounced trend towards working at home, and the interplay of technology in that trend. It said WorldatWork (a human resources group) states there are more than 28 million Americans working from home at least one day a week. Since many athletic trainers do their documentation at home, they may well fit into this trend if you add up the hours per week spent working at home. At the heart of this trend is information technology innovation.

WorldatWork says the number of at-least-one-day-a-week-at-home workers will grow by almost four fold ... yes, four ... next year ... yes, in one year.

Simtrak™ Mobility software systems can do a lot to increase the schedule flexibility of the athletic trainer by providing freedom of when and where to do documentation tasks in order to maintain best time use efficiency.

By the way, this trend is significantly eco-friendly. The same newspaper story calls attention to an article in the *Economist* magazine that says if the 33 million Americans whose jobs could be done completely at home (not athletic trainers, of course) would do that, oil imports would drop by more than one-fourth, and carbon emissions would decrease by tens of millions of tons. So, even working partly at home can have major positive environmental benefits.

For Palm Users -- Palm Changing

Recently, says *Processor.com* magazine, Palm decided to end using the Palm OS (operating system) on new products. New devices will have, instead, the Palm WebOS foundation. Developers of software on the Palm can obtain the kit for writing and re-writing software for new Palms. Palm reported losses of about \$100 million for the recent quarter. Unit sales were down 40-65%.

Free Software Gaining Popularity

Want to update your Microsoft Word or Office software, but don't want to spend for it? Try the popular OpenOffice suite. You can download it at no charge at www.openoffice.org and get this leading open-source suite for word processing, spreadsheets, presentations, graphics, databases and more. OpenOffice.org is sponsored primarily by Sun Microsystems. Other contributors include Novell, RedHat, RedFlag CH2000, IBM, and Google.



Simtrak™ Mobility TREATMENTS

To enter a treatment in Simtrak™ Mobility, first select Maintain on the Main Menu, and then choose Personnel from the list that appears. Use the binoculars (on System Toolbar) to locate the player, and double-click on that name. After that, select the Treatment tab in the Maintain Personnel window. Then click on the New Record (Add) icon on the System Toolbar.

The Treatments - Injury and Preventive window now is shown. There are many pieces of information you can enter here.

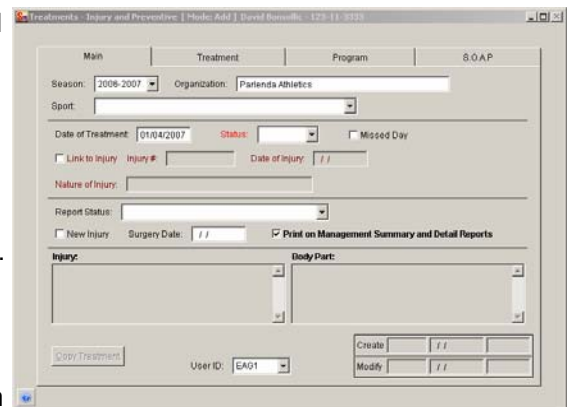
Change the Season, if you need to, using the arrow at the right of the Season field.

Edit the Organization if you like, though usually that will remain unchanged.

Next look at Sport, and then in the middle part of the form (window), Report Status. These two fields are both Pull-Downs. For each, you click on the arrow and select from the list that appears the entry you need. These two Pull-Downs are lists you create (or can create). The choices in them can be customized by you to your organization. To customize (or make any changes to) these two Pull-Downs, see the Simtrak™ Mobility help guide entitled Maintain Pull-Downs for some additional description.

The various dates are all entered in XX/XX/XXXX format.

The red Status field has three choices of Able, Limited, and Not Able. These choices cannot be modified as they control the calculation of days and games missed. The status is used whether the treatment is linked to an injury or not. When a treatment is linked to an injury and the status is Not Able, the calculation of days and games missed is started, and it continues until the system encounters a new treatment linked to the injury with a status of Limited or Able. If the status is now Limited, the counter of days limited starts. If the status is now Able all calculation of days/games missed and/or limited is stopped. (cont'd on back page)



SPORTS TRIVIA

Jack Nicklaus won 20 major championships. Can you write in how many of each?



- ___ US Amateur
- ___ British Open
- ___ US Open
- ___ US PGA
- ___ Masters

ANSWER: from top to bottom, enter numbers two through six.

TACKLE THIS TERM

This internet phenomenon grew last year to have more user time spent on it than on web-based email.

_ O _ I _ _
N _ T _ O _ I _ _
A N D _ L O _
_ I T _ _

ANSWER: (ignore *) s'oc't'at n'et'wo'r'k'ng a'nd b'nd'w'og s't'ies

WEB SITE FOR YOU, REVIEW

The Premier Software, Inc. web site is filled with features for you (www.simtrak.com).

Click on the NEWS TAB to find recent and past newsletters. Newsletters have feature articles on the various elements of Simtrak™ Mobility software, and interesting technical information and other general information relevant to sports medicine documentation and Premier Software.



There are forms for you to download as needed, and materials for our educational program that is supportive of colleges and universities that teach the athletic training degree.

Most trade shows that we will be attending are listed, too, in our calendar of events.

If you need a demo of our software, you can download the demo software from our web site at the DEMO TAB. If you do that, don't forget to download the booklet shown there, too, which will guide you through the basics of the software demo.

The HELP TAB offers you the most beneficial resource of all at our www.simtrak.com internet location. There you can find a wide variety of Help Guides that take you through training on the many aspects of the Simtrak™ Mobility product. As a user of the software, you will want to use these Help Guides for initial training on the fundamentals, for technical reference, and for review and expansion of your documentation capabilities as you and your organization grow.

The web site also offers you an easy way to send us special requests. Just click on one of the green "more information" buttons that you see throughout the site, and fill out the form that is presented to you.



SIMTRAK™ MOBILITY on USB



TREATMENTS *(cont'd from front page)*

The Missed Day box is checked automatically if the Status is Not Able. The Missed Day box can also be checked manually if a status is Limited or Able, and the user wants to show that the athlete missed a day even though they were able to play.

To link a treatment to an injury, click on the Link to Injury checkbox. A list of injuries for the player appears. Double-click or press Enter on an injury to link the treatment to that injury. *To calculate days and games missed, the treatment must be linked to the injury.* To create a rehabilitative treatment, link the treatment to an injury. To create a preventative/maintenance treatment, do not link the treatment to an injury.

The Nature of Injury field displays the text description that was entered in the Initial Report of Injury (see Injury Tab help guide). That text (up to 30 characters) was typed in at the Nature of Injury field on the Main tab of the Initial Report of Injury form (window).

The New Injury checkbox permits you to note that this treatment is being done for a new injury. "****New injury****" prints on the Management Detail and ATC/Physio Detail treatment reports. When the treatment is no longer considered new, un-check the box.

Enter a Surgery Date and the system will calculate weeks post-op and print that on the Management Detail and ATC/Physio Detail treatment reports. When the date is removed, the reports no longer print it.

If you check the box in front of Print on Management Summary and Detail Reports, the treatment will appear on those reports. Otherwise, it will not. However, the treatment will always print on the ATC/Physio Detail report.

The Injury and Body Part boxes at the bottom of the window are gray and not available, as shown in the illustration on the prior page. You cannot type text in to them. These two boxes use the Simtrak™ Mobility "Selector Window" technology to do two things: speed up data entry, and ensure there are no typographical errors. Date entry here is a little different .. see full help guide.

The Copy Treatment button at the bottom of the window can be a great time-saver when making treatments. It copies the information for a prior treatment into your window. Then, you can edit the fields to make a new treatment entry, without having to enter the redundant information. In other words, if you are making a treatment today that is the same or very similar to one you made a few days ago, you can copy the one you made a few days ago, make a few changes to the fields that show up, and then save it as your new treatment entry for today. To do this you need, of course, to have prior treatment entries for the player with whom you are working. Those treatments will show up in the list you see after you select your player using the binoculars and make the Treatment tab active.

Read the complete TREATMENT TAB Help Guide at www.simtrak.com .

THIRD PARTY PROVIDER PROGRAM

- HOSPITALS
- CLINICS
- OUTREACH

Standardize your documentation at each outreach location with Simtrak™ Mobility.

Maintain a master database of all locations consolidated at your main office using the Simtrak™ Premier Synchronizer.

Provide outstanding reporting to your client management and their parent constituents.

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